

BRONWYN CONROY

International Beauty School

CIDESCO / CIBTAC Aesthetics
@ Bronwyn Conroy

CIDESCO & CIBTAC International Courses

Course Curriculum

October 2021 - June 2022



CIDESCO
THE WORLD
STANDARD
FOR BEAUTY
& SPA THERAPY

EST. 1946

Bronwyn Conroy International Beauty School has been at the forefront of beauty therapy training in Ireland since 1972 and is renowned for producing an elite brand of students trained to the highest standards of professionalism who are industry ready. The high esteem in which the Bronwyn Conroy Beauty School is held ensures that our students are highly sought after by employers within the beauty industry, opening a world of opportunities.

We offer a full range of Beauty Therapy, Massage, Aesthetics & Skincare, Electrical Epilation, Make-up, Nails and Teaching Courses accredited by the world's leading Examination Boards and Associations.

The School Principal and Owner, Geraldine McGuigan, has been in the beauty business for 35 years. Geraldine's background is as a Salon Owner / Employer, Beauty and Advanced Aesthetic Therapist and Lecturer and International Examiner. Geraldine's wealth of knowledge and many years of commercial experience ensures that the standard of teaching at Bronwyn Conroy is always current and fresh, and that the Bronwyn Conroy graduate receives the highest standard of training in Beauty and Aesthetics.

All our courses are taught on a modular basis, allowing our students to combine a full or part-time job with study and a busy life. Students can study at their own pace often while working in the industry. We cater for beginners, Beauty Graduates, Nurses and Medical Professionals looking to up-skill and move into the Aesthetics Industry.

This course can be demanding, and it is only when the student begins that they realise just how challenging it can be. It is for this reason that we always arrange a meeting with anyone who are interested in enrolling to ensure that this is the right choice for them.



Our Business and Brand Partners

Eve Taylor Aromatherapy Skin Care

We are now partnered with the world-renowned Eve Taylor Aromatherapy Skin Care brand. The Eve Taylor skin care brand contains active ingredients that are beyond cosmetic, they work deeper than the upper layer of skin giving highly effective results.

As we change our skin changes so choosing and using the correct products is vital to maintaining great skin and achieving great results. All of the Eve Taylor aromatherapy product formulations are developed specifically for the qualified therapists who will analyse the skin first and only prescribe products suitable for the skin type and current condition and prescribe products for homecare use.

Eve Taylor have never tested any of their products on animals – Eve Taylor products are only tested on people proving that the products work and deliver the results. They are also pH balanced, Paraben free, and do not contain any artificial colours or fragrances and well as other known irritants which can sensitize the skin, including alcohols, formaldehyde, petrochemicals, or phthalates alongside other ingredients that can be comedogenic (pore blocking).

Eve Taylor Aromatherapy Skin Care is also active members of the Aromatherapy Trades Council (ATC) and the International Spa Association (ISPA).

Janssen Cosmeceutical Skin Care

JANSSEN COSMETICS was the first German company to launch a professional skin care product combining the best from the fields of pharmacy and cosmetics, onto the market and have continued to advance in the field of cosmeceutical skin care since 1997. Today the specialised Cosmeceuticals are care system products based on multiple, highly effective, efficient active substances and enable the transition between pure beauty and scientifically based skin care. Each cosmeceutical series is based on an active substance concept which is optimally tailored to a specific skin type and achieves both visible and measurable results. Cosmeceuticals do not act exclusively on the surface of the skin but achieve an effect deep down in the skin. The skin 's different needs and requirements are specifically targeted, leading to an immediate and long-term improvement in the skin profile.

The product range of the JANSSEN COSMETICS consists of glycolic and salicylic acid peel treatment and are used in cosmetic cabins and wellness facilities, applied by trained beauticians and wellness therapists. In addition, the brand also offers products for home use by consumers. As part of the Cidesco Aesthetics training programme our students train with the Janssen Cosmeceutical Skin Care and work with these advanced skin products on clients as part of their Cidesco case studies and project.

Perron Rigot Wax Partnership

Bronwyn Conroy Beauty School Belfast is delighted to announce that we are now the regional trainers for Perron Rigot Cerepil Wax System from the French wax masters. Renowned for its superior performance Perron Rigot Cerepil Wax is the wax system used on our intimate waxing course. This advanced waxing training course is for the skilled wax therapist who wants to learn how to perform the fashionable Brazilian and Hollywood bikini wax using the Cerepil Wax system with skill and confidence. The crème de la crème of waxes, Perron Rigot, Cerepil Wax has managed to tick all the right boxes. Beauty therapists can offer clients advanced waxing treatment, using a virtually pain free waxing system with no skin irritation or sticky residue left behind.

Lily Lolo Mineral Make-up Partnership

We are delighted to reveal that we are now partnered with this world-renowned collection of clean, no nonsense make-up brand Lily Lolo. Lily Lolo products are made using only ingredients that are proven to nourish and protect the skin. That means you'll never, ever find harmful chemicals such as parabens and phthalates, synthetic perfumes, dyes and anything else that isn't kind to you and your skin. Plus, they are certified cruelty free, too.

Built with the belief that 'the most beautiful cosmetic you can wear is a healthy skin' we are delighted to have developed a close working relationship with the world-renowned make-up brand. Students will learn how they can fulfil any client need with Lily Lolo cosmetics collection, as well as creating a professional makeup application that treats the skin. The unparalleled range of products are free from synthetic oils, dyes and preservatives.

Examination Boards

CIBTAC

The Confederation of International Beauty Therapists and Cosmetology (CIBTAC) has been producing Beauty Graduates of the highest calibre since 1977. By offering a range of prestigious CIBTAC Beauty Therapy Diploma's Bronwyn Conroy strive to maintain and develop the highest standards of excellence in Beauty, Body and Electrolysis Training.

www.cibtac.com



CIDESCO

CIDESCO is the world's major International Beauty Therapy Association and the world standard for Beauty Therapy. Founded in 1946 and headquartered in Zurich, Switzerland, CIDESCO is represented in over 30 countries. It is the world's most acclaimed qualification in the field of Aesthetics and Beauty Therapy.

www.cidesco.com



EST. 1946

Please read through the following information about our Cibtac / Cidesco courses. If you have any queries do not hesitate to contact us at the school, we will be happy to answer any further questions you have before you decide to set out on what we believe is one of the most interesting and rewarding careers of all.

Beauty Therapy Diploma Course - CIDESCO

The CIDESCO Course is for those who wish to study Beauty and Aesthetic Treatments for the Face and Body Therapy to the highest standards achievable in Beauty Therapy.

The CIDESCO International Beauty Therapy Diploma is a prestigious and highly recognised qualification worldwide. Upon completion of your studies, you will be entered for your examination with CIDESCO, after graduating you will be required to complete 600 hours of work in a salon or spa to obtain the highly accredited CIDESCO International Beauty Therapy Diploma.

CIDESCO graduates are highly sought after and gain employment in the most elite Salons, Skincare Clinics and Spas worldwide as demand continues to increase for non-medical Aesthetic Therapists.

CIDESCO Course Structure

The CIDESCO programme is split into two qualifications: CIDESCO Aesthetics Diploma (with Advanced Skin, Microneedling or Chemical Peels) and CIDESCO Body Therapy Diploma.

The CIDESCO Day Course runs from October to June (8 months). Students begin their training with the CIDESCO Aesthetics module on Mondays. CIDESCO Body Therapy module commences in March. The CIDESCO examinations are held in June.

All our courses are now offered in modular format with Blended eLearning, students attend College for face-to-face practical protocols with Live Tutorial Lectures and our own Practical videos available online on the student eLearning Zone.

We have also added an on-line Level 3 Anatomy & Physiology Module to all facial skincare courses, offering fully blended learning, and allowing you to study in your own home at a time that suits you. This allows us to focus on Practical when you are here in the school. Our Tutors will however support your on-line learning with revision Q&A and tests should you

The Facial Skincare & Electrotherapy and Body modules are in the College Monday 9.30am – 12.30pm, or Saturday 10.00am-1.00pm this is 3 Hours per week for Practical Learning. We also suggest at minimum of 3-hours home study, practice, and revision, plus 2 hours online live tutorials. For the Beauty modules, these will also be offered as an afternoon class Monday 12.30pm-4.30pm or evening class Wednesday 6.00pm - 9.00pm for 24 weeks (this is subject to a minimum number of students).

Initially students will have the opportunity to work on the Mannequin Head to perfect practical protocols. The college can provide models for our practical classes, and students can bring in friends and family to ensure you are more commercially ready to work in the beauty industry.

A Tilly Head Mannequin for home and zoom practice is essential requirement for the course (cost £150.00 paid directly to the school for the use of the Tilly Head for the duration of the course. The Tilly Head must be returned at the end of the course.

Practical experience is an essential part of the course, the college school salon enables students to gain invaluable experience and gain confidence, providing the opportunity to work on a wide range of skin types, conditions and lifestyle factors that influence and affect skin health will help students develop strong consultation skills.

Students will need access to an iPad, Laptop or Computer plus a printer for the duration of the course.

Each student is responsible for their own model for mock and actual exams. These models must be fully pre-cleared for COVID compliance.

CIDESCO Aesthetics Course Covers

- Aesthetics including Facial Electrical machines
- Anatomy & Physiology of the Whole Body
- Advanced Skin & Dermatology
- Advanced Cosmetic Science
- Physics & Chemistry
- Diet & Nutrition
- Nutrition for Skin
- Case Study & Project either, Microneedling or Chemical Peels

CIDESCO Body Therapy Course Covers

- Theory of Body Massage
- Body Massage Practical (Swedish)
- Figure Diagnosis
- Diet & Nutrition
- Body Electrotherapy (Vacuum Suction, Galvanic, Faradic, G5 Massage & infrared)
- Consultation & Postural Diagnosis

General Studies

- Health & Hygiene
- Business Studies
- Electricity
- Salon Management
- Retail Sales

During the CIDESCO training course there is a great emphasis placed on;

- Professional Expertise
- Hygiene
- Client Care & Interaction
- Personal Presentation

In addition to CIDESCO curriculum, we include the following training:

- Gel Manicure
- Threading
- Female Intimate Waxing
- Stress Relief Scalp Massage

Short courses available (discount available)

- Brilliant Brows
- Brow Lamination
- Henna Brows
- Lash Extension
- Lash Lift Course

Course Fees Include

- Bronwyn Conroy Uniform - Navy Tunic Top & Trousers
- Skin Care Kit
- Manicure & Pedicure
- Waxing Kit
- Tinting Kit
- Top Skin Care Brands Eve Taylor & Lily Lolo Minerals for Class Use
- Course Notes
- Access to Student eLearning & Our Practical Videos
- Online Learning
- Use of Trainer Head

Not Included in Course Fees

- Make-Up Brushes
- Make-Up Kit
- Sketcher Shoes
- Navy Cardigan
- Stationary Items

Progression

Students can go on to study in level 3, 4 and 5.

- CIBTAC Electrolysis Diploma -Level 3
- Cibtac Advanced Epilation - Level 4
- Cibtac Advanced Skincare & Aesthetic Core of Knowledge - Level 4
- Cibtac Skin Needling - Level 4
- Cibtac Skin Peels - Level 4

Examinations

The pass mark for CIDESCO is 70%.

- Theory: 1½ Hours Multiple Choice Paper
- Aesthetic Practical: 3¼ Hours
- Body Therapy Practical: 3 Hours
- Project with Case Studies

School Closures

- Christmas Break: Thursday 23rd December 2021 – Monday 3rd January 2022
- Spring Break: Monday 14th February 2022 – Saturday 19th February 2022
- Easter Break: Monday 18th 2022 - Monday 23rd April 2022

CIDESCO Beauty Therapy Diploma Course Costs

- Tuition fee: £5,000.00
- Examination fees: £350.00
- Course requirement: £350.00
- Total £5,700.00
- Deposit £1,900.00

Price correct as of 16th June 2021

Flexible Monthly Payment Plan available

A deposit of £1,900.00 is required upfront followed by 6 payments by Direct Debit of £475.00 commencing October to May. A credit application agreement will be completed and signed by both parties to confirm full payment in the event of a cancellation once the course has commenced (an administration fee of £50.00 is applied for credit terms).

Bank Details

Bank of Ireland, Belfast City Branch, High Street, Belfast,
Account: 70609030
Sort Code: 90-21-27

Call (028) 9035-2662 for more information or visit our website www.beautytraining.com

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